



Sabrina Polak

Call: 2012

✉ spolak@newcourtchambers.com ☎ 020 7583 5123

Sabrina Polak is a specialist family law barrister, with experience in all areas of family law.

Sabrina joined chambers in January 2016, having previously practiced on the North East Circuit at Parklane Plowden Chambers. Sabrina was shortlisted for the Jordan's Family Law 'Young Barrister of the Year' in 2015.

Expertise

Public Law Children

Sabrina regularly acts for Local Authorities, parents and children. She has represented parties at interim removal hearings, case management hearings, issues resolution hearings, fact finding hearings and final hearings. Sabrina has been involved in cases involving neglect, non-accidental injuries and sexual abuse and has appeared at all levels from lay justices, to the High Court and to the Court of Appeal.

Reported Cases:

- [H \(Care Proceedings: Risk Assessment\) \[2025\] EWCA Civ 727 \(17 June 2025\)](#)

Private Law Children

Sabrina has represented parents and children in private law children proceedings. She has experience of child arrangements order applications and finding of fact hearings. Sabrina also has experience of specific issue order and prohibited steps order applications, applications for temporary leave to remove from the jurisdiction, cases involving internal relocation and cases involving change of name applications and applications in respect of parental responsibility. She has appeared in the High Court.

Domestic Violence

Sabrina has acted for applicants and respondents in non-molestation order and occupation order applications under the Family Law Act 1996. She has experience of without notice hearings and contested final hearings.

Awards

- Shortlisted for the Jordan's Family Law Young Barrister of the Year (2015)
- Pump Court Tax Scholarship, Middle Temple
- Winner of the Senior Years Mooting Competition, University of Leeds (2010 – 2011)

Qualifications

- BPTC (Very Competent), Manchester Metropolitan University (2012)
- LLB Hons (First), University of Leeds (2011)

Publications

- *Swift v Dr Edbrooke* (case report): Infertility claim succeeds against GP (Clinical Risk, September 2013)
- Contributed to *Child Case Management Practice*, Third edition, Family Law Lexis Nexis (published November 2018)

Reported Cases

- [H \(Care Proceedings: Risk Assessment\) \[2025\] EWCA Civ 727 \(17 June 2025\)](#)